

HIV & TB INTERVENTIONS



MESSAGE FROM THE CEO

-PRASANTA KUMAR

Dear Colleagues and Partners,

It is with great pride that I present the inaugural edition of our newsletter highlighting the HIV and TB initiatives of LEPR. This milestone reflects our strengthened commitment to equitable, inclusive, and person-centred healthcare for vulnerable communities. Across Andhra Pradesh, Telangana, and Madhya Pradesh, we are implementing focused HIV interventions through upgraded Care and Support Centres (CSC 2.0) and programmes in Prison and Other Closed Settings, integrating counselling, treatment adherence support, digital monitoring, and community engagement to ensure continuity of care with dignity while addressing stigma.

Our paediatric TB project in Chhattisgarh further strengthens early detection, diagnosis, treatment adherence, contact tracing, nutrition support, and capacity building of health workers to reduce the burden of childhood tuberculosis. I take this opportunity to sincerely thank our supporting partners SAATHII, Alliance India, IADHO and government authorities for their continued collaboration and trust. This newsletter symbolizes not only progress but also our renewed commitment to collaboration, innovation, and sustainable impact. I sincerely appreciate our teams and partners whose dedication makes this mission possible as we move closer to a future where no one is left behind.

SUCCESS STORY:

REUNITING A FAMILY DURING HIGH-RISK PREGNANCY UNDER ART CARE

At just 22 years old, a young woman living with HIV found herself in an extremely vulnerable situation during the final months of her pregnancy. Although she had been regular with her Antiretroviral Therapy (ART) and antenatal check-ups, severe marital and family conflicts led to separation from her husband. The emotional distress, lack of support, and physical weakness began affecting her overall well-being, placing both mother and unborn child at high medical risk, including possible treatment interruption and poor pregnancy outcomes.

Pre-Intervention Situation:

She faced psychological stress, inadequate nutrition, and uncertainty about her future, with declining motivation to continue treatment and limited family care during a critical period.

Recognizing the urgency, the ART Medical Officer and Counselling & Support Centre (CSC) team initiated structured joint counselling sessions involving both families. Discussions focused on HIV awareness, prevention of parent-to-child transmission (PPTCT), treatment adherence, maternal nutrition, rest, and the importance of emotional bonding and shared responsibility.

Post-Intervention Impact:

The counselling resulted in reconciliation and reunification of the couple, restoration of family support, and renewed commitment to ART adherence and antenatal care. With strengthened emotional and social support, the pregnancy continued safely under medical supervision.

Conclusion:

This case highlights that HIV care extends beyond medicines. Timely psychosocial intervention and family engagement can transform high-risk situations into positive health outcomes, safeguarding both mother and child while restoring dignity, hope, and family stability.

ANDHRA PRADESH KEY ACTIVITIES & ACHIEVMENTS

- Participation in the World AIDS Day Rally and State-Level Event at Vijayawada, where Appreciation Certificates were received for the CSC and P&OCS projects.
- SR & SSR participated in the ITS Plus Master Training of Trainers (ToT) programme.
- Conducted RDQA and Supportive Monitoring Visits across GF-supported CSCs.
- Participated in the Partners' Review Meeting held in Chennai.
- Conducted the Mega Nutrition Distribution Programme at Rajahmundry.



TELANGANA KEY ACTIVITIES & ACHIEVMENTS



- WORLD AIDS DAY-DEC 2025:
- On the occasion of World AIDS Day, SR-LEPRA actively participated in:
 - Awareness rally from Sundaraiah Park to RTC Kalyana Mandapam
 - Public meeting and advocacy event
 - Recognition:
 - LEPRA received a Certificate of Appreciation and Memento from Dr. Vasam Venkateswara Reddy, Project Director – TGSACS, for effective implementation of CSC 2.0 & P&OCS projects.
 - SR-LEPRA attended the Partners' Quarterly Planning & Review Meeting held in Chennai (January 2026) by SAATHII and received an Appreciation Certificate for its performance and contribution.

MADHYA PRADESH KEY ACTIVITIES & ACHIEVMENTS

- Integrated Campaign in P&OCS (HIV/TB/STI/Hepatitis -B, C) – Successfully done Integrated Campaign from 28 July 2025 to Sept 2025 covered more than 50,000 HIV/TB Screening done.
- State Oversight Committee (SOC) Meeting done on 28-08-2025
- Quarterly Review & Learning Meeting (QRLM)- done on 29 – 30 Aug 2025, 23-24 Dec 2025
- Stakeholder Review meeting – Two meeting done on 29 – 30 Aug 2025, 23-24 Dec 2025
- PR Virtual Review Meeting – Attended online review meeting organised by PR-IHAA on 21st August 2025, 22nd September 2025 and 14th Oct 2025
- Monthly Meeting with MPSACS officials - First Monday of Every Month

CHHATTISGARH KEY ACTIVITIES & ACHIEVEMENTS

- Key Activities, Trainings & Meetings:
- District-Level Review & Orientation Meeting – Mahasamund (03 December 2025): A district-level review meeting was conducted with officials from NTEP, NLEP, RHOs, and frontline health workers. The State Project Team presented program progress, discussed operational challenges, and emphasized strategies to enhance pediatric TB detection and notification.
- Stakeholder Consultation – Durg (12 December 2025): A stakeholder meeting was organized with partner NGOs, child health stakeholders, and the NTEP team, in the presence of the National PR team, State Project Team, and TB Cell officials. The consultation focused on strengthening inter-sectoral convergence, private sector engagement, and collaborative action for improved pediatric TB outcomes



MEET OUR STAFF

How did you join the project, and what is your current role?

I was diagnosed HIV positive in 2002 at the Government Hospital, Warangal. After joining support group meetings, I worked as an Outreach Worker, later as a Counsellor, and then as a District Network Officer. After working in RCC projects, I joined as CSC Coordinator, KMP+ Warangal, where I continue to serve.

What are the most significant challenges you face, and how do you address them?

Ensuring transparent distribution of benefits for CLHIV children is a key challenge. I issued cheques so that every rupee reaches the child directly, maintaining honesty and accountability.

What do you enjoy most about coordinating the team?

I enjoy working closely with the team and providing essential services. Supporting PLHIV and CLHIV gives me great pride and motivation.

One moment at work that makes you feel happy?

Working together with outreach workers, MEFs, and PLHIVs in a friendly environment and receiving their respect makes me happy.

Which part of your daily work do you like the most?

I enjoy working on the EVTHS component, as it helps in building an HIV-free future generation.



Ms. B Lavanya
CSC coordinator
KMP+ Warangal



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Communication Executive

P. Sheshadri
Monitoring & Evaluation Officer (MEO)

Arun Kumar Kandukuri
Head - Programmes RM & C

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